



BMSS NOVEMBER SPRINT MEET 2018
ASA Level 3 Meet License 3NW182352
(under ASA Laws & ASA Technical Rules)

Date: Sunday 25th November 2018

Venue : Jason Kenny Centre, Bolton One, Moor Lane, Bolton BL3 5BG

Facilities : 8 lane 25m pool
Electronic Timing

The Meet : Age Groups as of 25/11/18

Individuals: 9 & 10 years: 100m all strokes, 50m all strokes and 100IM
11,12,13,14,15 + 100m all strokes, 50m all strokes, 100IM &
200IM
All individual events Heat Declared Winners

Awards: Top 3 swimmers in each age group
Top Visiting Team
Top 9/10 Junior Girl and Boy
Top 11+ Senior Girl and Boy

Entries : £5.50 per electronic entry (Sports System file)
£6.00 per paper/email entry

Coaches pass with start sheets, programme and results sheets plus entry to
poolside £10.00

ENTRIES MAY BE RESTRICTED ON THE TOTAL ENTRIES RECEIVED

Poolside Entries not allowed

Spectator cost £6.00 all day ticket (or £3.50 per session).

Entries Open Monday 24th September 2018
CLOSING DATE Monday 5th November 2018
First Come First Served

All entries to: Mr Nick Doughty
18 Whittle Park
Clayton - le - Woods
PR6 7RQ
bmss.compsec@outlook.com

BMSS: AFFILIATED TO NORTH WEST REGION & LANCASHIRE ASA

The meet is licensed at level 3 and will be held under A.S.A. Laws & ASA Technical Rules (with a 1 start rule) on Sunday 25th November at Bolton One, Moor Lane, Bolton, BL3 5BN.

The pool is 8 lane anti-wave, 25m, electronic timing will be in use. The competition is open to amateurs only, as defined by ASA Law.

Please note this meet will be "Card-less."

1. Age Groups are based on ages at 25/11/18. (9yr olds must be 9 by 25/11/18).
2. **Swimmers must be registered competitive members of the ASA (Cat 2)**
3. A competitor may compete in the name of one club only.
4. Officials from the County and Regional list as applicable.
5. Entries to be submitted electronically using the Sportssystem software to BMSS.COMPSEC@OUTLOOK.COM. Information pack will be available on the club website www.boltonmetro.org.uk.
6. Entries shall be accepted on a first come first served basis from Friday 21st September 2018 up to and including the closing date, Friday 2nd November 2018 or when the gala capacity has been reached whichever occurs first.
Accepted entries will be sent to each club via e mail. A refund will be given to competitors whose entry is denied where this condition has been exercised.
7. Classified disability swimmers are permitted to enter without the requirement of having achieved a consideration time.
8. Application for entry must have been correctly submitted by the specified date and accepted by the Promoter. The Promoter reserves the right to reject any entry. (THE PROMOTER BEING BMSS SC).
9. All starts will be into deep water. "Over the Top" starts will be used for all events except backstroke.
10. Events are seeded on submitted times. The promoter reserves the right to reduce the number of entries to keep the meet to a reasonable length - even if swimmers have achieved the minimum qualifying standards.
11. All individual events are Heat Declared Winners. Swimmers will compete in one age group only "age on day."
12. The 3 fastest times of the swimmers in each age group will receive an award.
13. Age groups for awards are: 9,10, 11, 12,13, 14, 15/OV
An award will be presented to the top boy (junior and senior) , top girl (junior and senior) and top visiting team with the most gala points.
Points awarded as follows:
1st place = 6 points; 2nd place = 5 points; 3rd place = 4 points; 4th place = 3 points; 5th place = 2 points; 6th place = 1 point.
The winner of top boy and girl will be the ones achieving highest points total throughout the meet. In the event of a tie count back on 1st place, 2nd place etc. will occur. If this fails to find a winner a further prize will be awarded.
14. The top three swimmers in each event will collect their awards as the meet proceeds.
15. ALL swimmers must abide by the Health and Safety rules that are on display at poolside. Any swimmer contravening these rules may be excluded from the remainder of the meet. No glass bottles on poolside. Shoes to be worn when leaving poolside
16. The promoter reserves the right to refuse admission to any competitor or spectator.
17. Anything not covered within these meet rules to be at the discretion of the meet organiser and/or the Promoter BMSS SWIMMING CLUB.
18. Please note there is no swim down facility at the pool. A separate warm up for both girls and boys will precede the start of each session these may be divided on age if swimmer numbers are large. Swimmers should bring their own skipping ropes etc for cool down. Coaches, you are responsible for your swimmers at all times.
19. Warm up will not commence until both ends of each lane are covered.
20. NO DIVING AT SHALLOW END AT ANY TIME.

Bolton Metro November Sprint Meet.

25th November 2018

Session 1: Warm up TBC

EVENT No.	AGE	Event DESCRIPTION
10.	Girls 11 & over	200 m Individual medley
11.	Boys 9 & Over	100 m Individual Medley
12.	Girls 9 & over	100 m Butterfly
13.	Boys 9& over	100 m Butterfly
14.	Girls 9 & over	50 m Breaststroke
15.	Boys 9 & over	50 m Breaststroke
16.	Girls 9 & over	100 m Backstroke
17.	Boys 9 & over	100 m Backstroke
18.	Girls 9 & over	50 m Freestyle
19.	Boys 9 & over	100 m Freestyle

Session 2: Warm up TBC

EVENT No.	AGE	Event DESCRIPTION
20.	Boys 11 & Over	200 m Individual Medley
21.	Girls 9 & Over	100m Individual Medley
22.	Boys 9 & over	50 m Backstroke
23.	Girls 9 & and over	50 m Backstroke
24.	Boys 9 & over	100 m Breaststroke
25.	Girls 9 & over	100 m Breaststroke
26.	Boys 9 & over	50 m Butterfly
27.	Girls 9 & over	50 m Butterfly
28.	Boys 9 & over	50m Freestyle
29.	Girls 9 & over	100 m Freestyle

BOLTON METRO November Sprint 2018 LICENSE NO. 3NW182352

SUNDAY 25th November 2018

Under ASA Laws & ASA Technical Rules of Swimming

BOYS CONSIDERATION TIMES							Short Course - 25m			GIRLS CONSIDERATION TIMES						
9	10	11	12	13	14	15/ov	QT	EVENTS	QT	9	10	11	12	13	14	15/ov
29.00	29.00	29.00	28.00	27.00	25.60	22.70	Upr	50m Free	Upr	31.00	31.00	30.00	29.00	28.00	27.50	25.70
50.00	46.00	42.00	39.00	38.00	37.00	36.00	Lwr		Lwr	52.00	48.00	43.00	40.00	39.00	38.00	36.00
1.01.40	1.01.40	1.01.40	1.01.40	57.85	55.70	50.90	Upr	100m Free	Upr	1.02.00	1.02.00	1.02.00	1.02.00	1.00.20	59.20	56.40
1.39.00	1.36.00	1.34.00	1.17.00	1.12.00	1.07.00	1.05.00	Lwr		Lwr	1.45.00	1.40.00	1.35.00	1.19.00	1.17.00	1.13.50	1.12.00
33.00	33.00	33.00	32.00	30.50	29.50	27.00	Upr	50m Back	Upr	33.00	33.00	32.50	32.00	31.80	31.60	31.30
55.00	52.00	48.00	45.00	42.00	41.00	40.00	Lwr		Lwr	55.00	55.00	48.50	45.00	43.00	43.00	41.00
1.08.70	1.08.70	1.08.70	1.08.70	1.04.90	1.01.50	58.90	Upr	100m Back	Upr	1.10.20	1.10.20	1.10.20	1.10.20	1.06.70	1.04.80	1.02.90
1.48.00	1.45.00	1.42.00	1.30.00	1.26.00	1.22.00	1.17.00	Lwr		Lwr	1.50.00	1.46.00	1.42.00	1.34.00	1.32.00	1.28.00	1.24.00
38.00	38.00	38.00	36.00	32.00	30.00	28.60	Upr	50m Breast	Upr	40.00	40.00	38.00	37.00	35.00	34.00	32.00
1.00.00	58.00	55.00	49.00	47.00	45.00	43.00	Lwr		Lwr	1.02.00	1.00.00	55.00	50.00	49.00	48.00	47.00
1.19.00	1.19.00	1.19.00	1.19.00	1.10.40	1.08.00	1.04.50	Upr	100m Breast	Upr	1.19.30	1.19.30	1.19.30	1.19.30	1.16.00	1.13.40	1.10.50
2.02.00	1.58.00	1.55.00	1.39.00	1.35.00	1.29.70	1.29.00	Lwr		Lwr	2.05.00	2.00.00	1.55.00	1.41.00	1.37.00	1.36.00	1.29.00
32.00	32.00	32.00	30.00	28.50	27.00	25.20	Upr	50m Fly	Upr	34.00	34.00	32.50	31.00	30.00	29.00	28.90
55.00	54.00	50.00	45.00	42.00	40.00	39.00	Lwr		Lwr	57.00	56.00	51.00	46.00	44.00	42.00	40.00
1.08.10	1.08.10	1.08.10	1.08.10	1.04.50	1.01.50	56.20	Upr	100m Fly	Upr	1.09.60	1.09.60	1.09.60	1.09.60	1.06.60	1.05.50	1.03.50
1.52.00	1.50.00	1.48.00	1.29.00	1.25.00	1.22.00	1.19.00	Lwr		Lwr	1.53.00	1.52.00	1.50.00	1.36.00	1.31.00	1.26.00	1.21.00
1.25.00	1.18.00	1.14.00	1.10.00	1.05.00	1.03.00	1.01.00	Upr	100m I.M.	Upr	1.26.00	1.19.00	1.18.00	1.14.00	1.10.00	1.08.00	1.04.00
1.55.00	1.50.00	1.40.00	1.32.00	1.28.00	1.20.00	1.16.00	Lwr		Lwr	1.57.00	1.53.00	1.42.00	1.35.00	1.28.00	1.21.00	1.16.00
N/A	N/A	2.31.90	2.31.90	2.22.50	2.17.20	2.09.10	Upr	200m I.M.	Upr	N/A	N/A	2.32.40	2.32.40	2.26.00	2.24.00	2.20.70
N/A	N/A	3.25.00	3.19.00	2.54.00	2.50.00	2.48.00	Lwr		Lwr	N/A	N/A	3.25.00	3.18.00	3.11.00	2.57.00	2.51.00

BMSS November Sprint Meet

Sunday 25th November 2018 **Individual Entry Form:** Boys/Girls (Delete as appropriate)

Event	50mFly	100m Fly	50mBack	100m Back	50m Breast	100m Breast	50m Free	100m Free	100mIM	200mIM
9/10 Entry Time										Age 11+
11+ Entry Time										

Name _____ Total Entries _____ @ £5.50 per event (via Sportsystem)
 _____ @ £6.00 per event (paper or email)

Date of Birth _____

Age as at 25.11.18 _____

ASA Registration Number _____

Club Name _____ Total amount enclosed £ _____

Contact name & address:

Please make cheques payable to BMSSC.

Closing Date 5th November